



Program Name:	St. Jude-VIVA Survivorship Series 4 Webinar #4
Event Date:	Friday, 27 March 2026
Event Time:	8:00pm – 9:30pm (Singapore Time)

Programme Synopsis

Lecture Title:

Integrative Medicine in Pediatric Hematology-Oncology

Dr Holly Spraker-Perlman, University of Utah

The goal of this presentation is to define pediatric integrative oncology and discuss potential benefits for particular complementary therapies for children with cancer during therapy or survivorship.

Lecture Title:

Integrative Oncology as part of whole health care for cancer patients and their families

Dr Gabriel Lopez, MD Anderson Cancer Center

Integrative Oncology is an evidence based approach to supporting health during and after cancer treatment. Patients, caregivers and family members can benefit from an integrative approach to help support their psychological, social, spiritual and physical health needs.

The presentation will distinguish between alternative, complementary and integrative medicine. It will introduce a model of integrative oncology care based on a biopsychosocial approach as provided to patients of all ages at a major cancer care hospital in the United States. Will include a review of evidence and clinical indications for integrative approaches such as oncology massage, oncology acupuncture, music therapy, yoga therapy, nutrition counseling, health psychology and exercise counseling. Will discuss special cautions around the use of herbal medicine and supplements. Conclude with information about available evidence-based resources.



Presenter Bio

Dr Holly Spraker-Perlman

Professor

Divisions of Pediatric Palliative Care and Pediatric Oncology

Department of Pediatrics

University of Utah

USA

Dr. Holly Spraker-Perlman received her medical degree from Medical College of Virginia. She then completed her pediatric residency at Emory University and a dual fellowship in Pediatric Hematology/Oncology and Hospice and Palliative Medicine from Saint Jude Children's Research Hospital, in Memphis, Tennessee. She is board certified in Pediatrics, Pediatric Oncology, Hospice and Palliative Medicine, and Integrative Medicine. She is also certified in pediatric massage and medical acupuncture. Dr. Spraker-Perlman is currently appointed as a Professor in the Divisions of Pediatric Palliative Care and Pediatric Oncology in the Department of Pediatrics at the University of Utah.



Dr Gabriel Lopez

Medical Director

Department of Palliative, Rehabilitation and Integrative Medicine,

Division of Cancer Medicine

MD Anderson Cancer Center

USA

Dr. Lopez is an Associate Professor and Medical Director of the Integrative Medicine Center at the M.D. Anderson Cancer Center in the Department of Palliative, Rehabilitation, & Integrative Medicine. His primary clinical focus is conducting integrative oncology consultations in the Integrative Medicine Center. Dr. Lopez received his medical degree from the Northwestern University, Feinberg School of Medicine in Chicago, Illinois. He received training in Internal Medicine at The University of Texas at Houston Medical School. Following his residency, Dr. Lopez completed a fellowship in Palliative Care and Symptom Control at MD Anderson and then a fellowship in Hematology/Oncology at the Brody School of Medicine at East Carolina University in Greenville, North Carolina. Dr. Lopez is fluent in Spanish, and has clinical interest in the areas of integrative oncology, supportive care and symptom assessment.



Moderator

Dr Yin Ting Cheung

**School of Pharmacy, Faculty of Medicine,
The Chinese University of Hong Kong
HK, SAR**

Dr. Yin Ting Cheung received her training in pharmacoepidemiology and cancer survivorship from the National University of Singapore (NUS) and St. Jude Children's Research Hospital (Memphis, USA). Currently, Yin Ting's research at the Chinese University of Hong Kong adopts a combination of epidemiological, translational and qualitative research approaches to characterise these drug-induced toxicities, particularly in adverse outcomes related to neurocognitive and behavioral functioning. She has initiated research/commissioned projects for the Childhood Cancer Survivors Study (USA), the Chinese Children's Cancer Group (China), the Multinational Association for Supportive Care in Cancer (MASCC) and the Hospital Authority (Hong Kong), as well as NGOs serving children with cancer. She is an expert member on the Children's Oncology Group (Neuropsychology Panel), the Vice Chairman of the MASCC Pediatrics Study Group, and a member of the steering committee on the International Pediatric Oncology Guidelines in supportive care (iPOG) Network. She hopes that her collaborative research with students, clinicians and scientists can help to improve health outcomes in survivors of cancer.