



<b>Program Name:</b>	St. Jude-VIVA Survivorship Series 4 Webinar #6
<b>Event Date:</b>	Friday, 22 May 2026
<b>Event Time:</b>	8:00pm – 9:30pm (Singapore Time)

## Programme Synopsis

### Lecture Title:

#### **Understanding the Psychosocial Impact of Childhood Cancer**

*Mr David Brownstone, The Hospital for Sick Children*

Mr. Brownstone will examine the psychosocial effects of a cancer diagnosis on pediatric patients and their families as they progress from initial diagnosis and treatment into survivorship. Utilizing a trauma-informed approach, this presentation draws upon over two decades of clinical practice and program leadership within a multidisciplinary psychosocial service at a major pediatric oncology center serving a notably diverse population. Incorporating current research, the session will review key challenges, clinical considerations, and sources of support—including developmental factors—encountered during transitional phases of the cancer journey. Particular attention will be given to evidence-based strategies that support resilience and promote positive psychosocial outcomes throughout survivorship, with the aim of informing clinical practice and programmatic development in the field.

### Lecture Title:

#### **Interventions to Improve Psychological Outcomes in Survivors of Childhood Cancer**

*Dr Tara Brinkman, St. Jude Children's Research Hospital*

This presentation will review common psychological late effects of childhood cancer, including pain, insomnia, and stress. Data from ongoing and recently completed clinical trials will be shared. In addition, future directions for the implementation of behavioral interventions in survivorship populations will be discussed.



## Presenter Bio

**Mr David Brownstone, MSW, RSW**

**Garron Family Haematology/Oncology Psychosocial Program  
Lead**

**Neuro-Oncology, Social Worker  
The Hospital for Sick Children  
Canada**

David began his professional journey with an undergraduate degree in Psychology. Working in health education and community development for several years thereafter, David obtained his Master of Social Work from the University of Toronto. Prior to joining the Hospital for Sick Children (SickKids), David worked in youth mental health, development and training with youth agencies.

David has been a social worker at SickKids for over 25 years. While having experience working with several medical populations, David's principal clinical focus has been in pediatric Neuro-Oncology for more than two decades. Along with his clinical work, David has held a number of leadership positions in the Social Work Department at SickKids, including academic and clinical specialist, education coordinator, and manager. He has actively contributed to research, organizational and program development initiatives, addressing patient and family needs, advancing social work practice, and supporting staff in Neuro-Oncology and end-of-life care. Currently, David serves as the Psychosocial Program Lead within the Division of Haematology/Oncology at SickKids. In this role, he leads a multidisciplinary team of psychosocial and health professionals to enhance mental health support and programming for patients and families throughout and beyond their treatment journeys.



**Dr Tara Brinkman**

**Member  
Department of Psychology & Biobehavioral Sciences  
St. Jude Children's Research Hospital  
USA**

Dr. Tara Brinkman is a Full Member in the Department of Psychology & Biobehavioral Sciences at St. Jude Children's Research Hospital, where she serves as the Director of Research Training. She earned her PhD at Michigan State University and completed a postdoctoral fellowship in clinical psychology at the Dana-Farber Cancer Institute. Dr. Brinkman has developed a

research program focused on characterization of and interventions for psychological outcomes among long-term survivors of childhood cancer. She has over 150 peer-reviewed publications and is the Principal Investigator on three NIH funded grants, including two R01s examining interventions for the treatment of insomnia and executive dysfunction in adult survivors of childhood cancer. Dr. Brinkman co-leads the Psychology Working groups for the Childhood Cancer Survivor Study and the Cancer Control and Survivorship Program at St. Jude. She is also actively involved in the development of national and international mental health survivorship care guidelines.



### **Dr Satomi Sato**

**Associate Professor, Division of Health and Behavioral Sciences  
St. Luke's International University, Japan**

My name is Satomi Sato, Associate Professor at St. Luke's International University in Tokyo, Japan, specializing in clinical psychology and psycho-oncology, with a particular focus on pediatric cancer survivorship.

After graduating from Bellevue Community College in Washington, USA, I obtained a master's degree and a PhD in Clinical Psychology from Ochanomizu University and am licensed as a clinical psychologist. Previously, I spent 10 years at the National Center for Child Health and Development in Japan as a clinical psychologist and researcher specializing in childhood cancer. During this time, I also trained at St. Jude Children's Research Hospital in the United States through the International Outreach Program.

My work contributes to bridging clinical psychology and oncology by improving long-term outcomes for childhood cancer survivors through assessment, intervention development, and social reintegration support strategies. In collaboration with 23 institutions across Japan, I conducted a multicenter study that demonstrated a mild decline in working memory among pediatric leukemia survivors between the third and fourth years after treatment completion. In recognition of this achievement, I received an award from the Japanese Society of Pediatric Hematology/Oncology.



**Dr Cai Jiao Yang**

**Attending physician**  
**Department of Hematology and Oncology**  
**Shanghai Children's Medical Center**  
**Shanghai, China**

Dr Cai earned her MD and PhD from the Shanghai Jiao Tong University School of Medicine in China. She also holds a Master of Science in Global Child Health from the St. Jude Children's Research Hospital Graduate School of Biomedical Sciences. She practices as a pediatric oncologist at the Shanghai Children's Medical Center/National Children's Medical Center. Dr Cai is the chair of the administration committee of the Chinese Children's Cancer Group (CCCG) - acute lymphoblastic leukemia 2020 multicenter study. In September 2024, Dr Cai set up and served as chair of the China National Children's Medical Center-Long-term Follow-up Multicenter Study Group.



## Moderators

**Dr Winnie Tso**

**Clinical Associate Professor**  
**Department of Paediatrics and Adolescent Medicine**  
**School of Clinical Medicine, The University of Hong Kong**

**Assistant Dean (Community Engagement)**  
**LKS Faculty of Medicine, The University of Hong Kong**

**Admission Deputy Director**  
**LKS Faculty of Medicine, The University of Hong Kong**

Dr. Tso is a developmental paediatrician with special interests in neurorehabilitation. She is a clinical associate professor at the Department of Paediatrics & Adolescent Medicine, School of Clinical Medicine, University of Hong Kong. She obtained her medical degree from King's College, University of London, United Kingdom. She has been elected as Distinguished Young Fellow by the Hong Kong College of Paediatricians in 2016 and has won numerous research awards in local as well as international scientific conferences. Dr. Tso diagnoses and manages children with developmental as well neuro-disabilities at the Duchess of Kent Children's Rehabilitation Hospital. She also leads the Paediatric Acquired Brain Injury Program at the Duchess of Kent Children's Rehabilitation Hospital and the Hong Kong Children's Hospital. She is a Director of the International Brain Injury Society



(IPBIS) as well as Governor of the International Brain Injury Association (IBIA).

**Dr Cheung Yin Ting**

**Associate Professor and Associate Director (Research)  
School of Pharmacy**

**The Chinese University of Hong Kong**

**Hong Kong SAR**

Yin Ting Cheung received her training in pharmacoepidemiology and cancer survivorship from the National University of Singapore (Singapore) and St. Jude Children's Research Hospital (Memphis, USA). Yin Ting's work adopts a combination of epidemiological, translational and qualitative research approaches to characterize health and psychosocial outcomes in survivors of pediatric and AYA cancer. Her team is particularly interested in adverse outcomes related to brain function, such as neurocognitive and behavioral outcomes. She is also leading health services research to develop personalized survivorship care for survivors of childhood cancer in Hong Kong. Yin Ting has initiated research/ commissioned projects for the Childhood Cancer Survivor Study (National Institute of Health, USA), the Chinese Children's Cancer Group (CCCCG), and the Hospital Authority (HK), as well as NGOs serving patients with cancer. She serves as the principal investigator for competitive grants funded by the Hong Kong Research Grant Council and the Hong Kong Food and Health Bureau. She hopes that her collaborative research with clinicians, basic scientists and students can improve health outcomes in survivors of cancer.