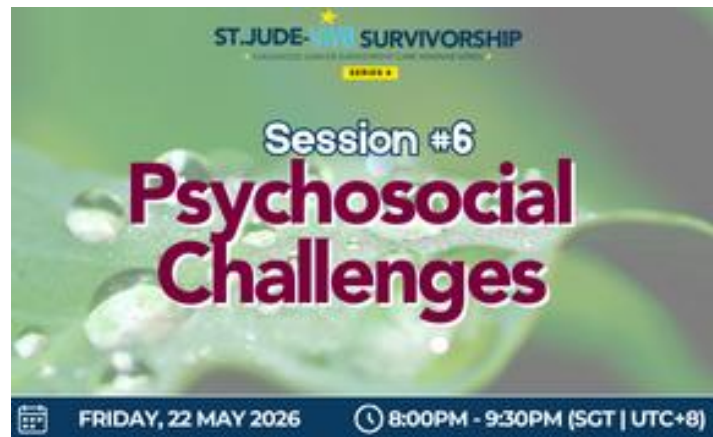




Program Name:	St. Jude-VIVA Survivorship Series 4 Webinar #6
Event Date:	Friday, 22 May 2026
Event Time:	8:00pm – 9:30pm (Singapore Time)

Programme Synopsis

Lecture Title:

Title

Mr David Brownstone, The Hospital for Sick Children

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Lecture Title:

Interventions to Improve Psychological Outcomes in Survivors of Childhood Cancer

Dr Tara Brinkman, St. Jude Children's Research Hospital

This presentation will review common psychological late effects of childhood cancer, including pain, insomnia, and stress. Data from ongoing and recently completed clinical trials will be shared. In addition, future directions for the implementation of behavioral interventions in survivorship populations will be discussed.



Presenter Bio

David Brownstone

**Psychosocial Program Lead
Neuro-Oncology, Social Worker
The Hospital for Sick Children
Canada**



Dr Tara Brinkman

**Member
Department of Psychology & Biobehavioral Sciences
St. Jude Children's Research Hospital
USA**

Dr. Tara Brinkman is a Full Member in the Department of Psychology & Biobehavioral Sciences at St. Jude Children's Research Hospital, where she serves as the Director of Research Training. She earned her PhD at Michigan State University and completed a postdoctoral fellowship in clinical psychology at the Dana-Farber Cancer Institute. Dr. Brinkman has developed a research program focused on characterization of and interventions for psychological outcomes among long-term survivors of childhood cancer. She has over 150 peer-reviewed publications and is the Principal Investigator on three NIH funded grants, including two R01s examining interventions for the treatment of insomnia and executive dysfunction in adult survivors of childhood cancer. Dr. Brinkman co-leads the Psychology Working groups for the Childhood Cancer Survivor Study and the Cancer Control and Survivorship Program at St. Jude. She is also actively involved in the development of national and international mental health survivorship care guidelines.



Moderator

Dr Winnie Tso

Clinical Associate Professor

Department of Paediatrics and Adolescent Medicine

School of Clinical Medicine, The University of Hong Kong

Assistant Dean (Community Engagement)

LKS Faculty of Medicine, The University of Hong Kong

Admission Deputy Director

LKS Faculty of Medicine, The University of Hong Kong

Dr. Tso is a developmental paediatrician with special interests in neurorehabilitation. She is a clinical associate professor at the Department of Paediatrics & Adolescent Medicine, School of Clinical Medicine, University of Hong Kong. She obtained her medical degree from King's College, University of London, United Kingdom. She has been elected as Distinguished Young Fellow by the Hong Kong College of Paediatricians in 2016 and has won numerous research awards in local as well as international scientific conferences. Dr. Tso diagnoses and manages children with developmental as well neuro-disabilities at the Duchess of Kent Children's Rehabilitation Hospital. She also leads the Paediatric Acquired Brain Injury Program at the Duchess of Kent Children's Rehabilitation Hospital and the Hong Kong Children's Hospital. She is a Director of the International Brain Injury Society (IPBIS) as well as Governor of the International Brain Injury Association (IBIA).